18. Whakamārama Hauora

**Te pārongo ākonga**

**Ingoa: Tau i te kura:**

**Kāinga noho:**

**Imera o te akonga: Nama waea o te tauira:**

|  |  |  |
| --- | --- | --- |
| **1 1 Me tohu mēnā ka pā (t)ētahi o ēnei:**  🞎 Ānini  🞎 Mate hukihuki  🞎 Huangō  🞎 Mate huka  🞎 Mate haere  🞎 Ngā momo ruriruri  🞎 Toto ai te ihu  🞎 Mate manawa  🞎 Ka rangiroro  🞎 Kia tae kore  🞎 (T)ētahi atu – Whakamārama  ………………………………….………..…….…………………………  **2 Nama Medic Alert**  (mēnā ka hāngai)  …………………………………….…….…….…………………………  **3 Inawhea te werohanga mutunga e tāu tamaiti mō te mate kauae timu?**  …….../….…../….…..  **4 Ka kai rongoā tō tamaiti i tēnei wā?**  🞎 Kao  🞎 Ae – Whakamārama ………………………………………  Ingoa o ngā rongoā  ......………………….………………  Ko te korahi me te wā mo te kainga ai te rongoā  ………………………………………  Ētahi atu rongoa  ………………………………………  ……………………….…………… | **5 I ngā marama e ono kua pahure ake, kua pāngia rānei tō tamaiti e ngā whara taumaha, (arā, he whatitanga, he riakatanga rānei), e ngā māuiui taumaha rānei (pērā i te kirikā repe, arā, ko te kirikā repe, aha atu) tērā pea ka taupā i tōna whai wāhitanga ki ngā ngohe?**  🞎 Kao  🞎 Ae – Whakamārama ………………………………………………  ………………………………………………  **6 Ka pāwera tō tamaiti i t/ētahi o ngā mea e whai ake nei?**  Rongoā whakahau  🞎 Kao  🞎 Ae – Whakamārama ………………………………………………  ………………………………………………  Kai  🞎 Kao  🞎 Ae – Whakamārama ………………………………………………  ………………………………………………  Kakati/wero mū  🞎 Kao  🞎 Ae – Whakamārama ………………………………………………  ………………………………………………  Pāwera anō  🞎 Kao  🞎 Ae – Whakamārama ………………………………………………  ………………………………………………  Ka matea maimoa?  ………………………………………………  ……………………………………………… | **7 Whakamārama mēnā he kai motuhake mā te tamaiti?**  ……………………………………………….….……………………………………  **8 He aha ngā rongoā tika mō tāu tamaiti ki te pāngia ia e te mamae, e te whurū rānei?**  ……………………………………………….….……………………………………  **9 Ki tōu mōhio, kua pā koe/tāu tamaiti ki tētahi atu i pāngia e te mate hopuhopu i ngā wiki e whā ka taha ake nei?**  🞎 Kao  🞎 Ae – Whakamārama ……………………………………………….….….…………………………………  **10 He parongo anō me mārama ngā kaimahi e noho haumaru ai koe/tāu tamaiti? (Hei tauira, ngā tikanga ahurea; hauatanga; mataku i te ikeikenga/pouri/wāhi pāpaku; hapū; ngā raru o te hinengaro; ngā kare ā-roto)**  🞎 Kao  🞎 Ae – Whakamārama ……………………………………………….….…………………………………… |

**Ki te puta ētahi panoni i te tau nei, tēnā, whakahoungia te pārongo hauora ki te tari o te kura.**