18. Whakamārama Hauora

**Te pārongo ākonga**

**Ingoa: Tau i te kura:**

**Kāinga noho:**

**Imera o te akonga: Nama waea o te tauira:**

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| --- | --- | --- |
| **1 1 Me tohu mēnā ka pā (t)ētahi o ēnei:**🞎 Ānini🞎 Mate hukihuki🞎 Huangō🞎 Mate huka🞎 Mate haere🞎 Ngā momo ruriruri🞎 Toto ai te ihu🞎 Mate manawa🞎 Ka rangiroro🞎 Kia tae kore🞎 (T)ētahi atu – Whakamārama………………………………….………..…….…………………………**2 Nama Medic Alert** (mēnā ka hāngai)…………………………………….…….…….…………………………**3 Inawhea te werohanga mutunga e tāu tamaiti mō te mate kauae timu?** …….../….…../….…..**4 Ka kai rongoā tō tamaiti i tēnei wā?**🞎 Kao🞎 Ae – Whakamārama ………………………………………Ingoa o ngā rongoā......………………….………………Ko te korahi me te wā mo te kainga ai te rongoā………………………………………Ētahi atu rongoa……………………………………………………………….…………… | **5 I ngā marama e ono kua pahure ake, kua pāngia rānei tō tamaiti e ngā whara taumaha, (arā, he whatitanga, he riakatanga rānei), e ngā māuiui taumaha rānei (pērā i te kirikā repe, arā, ko te kirikā repe, aha atu) tērā pea ka taupā i tōna whai wāhitanga ki ngā ngohe?**🞎 Kao🞎 Ae – Whakamārama ………………………………………………………………………………………………**6 Ka pāwera tō tamaiti i t/ētahi o ngā mea e whai ake nei?**Rongoā whakahau🞎 Kao🞎 Ae – Whakamārama ………………………………………………………………………………………………Kai🞎 Kao🞎 Ae – Whakamārama ………………………………………………………………………………………………Kakati/wero mū🞎 Kao🞎 Ae – Whakamārama ………………………………………………………………………………………………Pāwera anō🞎 Kao🞎 Ae – Whakamārama ………………………………………………………………………………………………Ka matea maimoa?……………………………………………………………………………………………… | **7 Whakamārama mēnā he kai motuhake mā te tamaiti?**……………………………………………….….……………………………………**8 He aha ngā rongoā tika mō tāu tamaiti ki te pāngia ia e te mamae, e te whurū rānei?**……………………………………………….….……………………………………**9 Ki tōu mōhio, kua pā koe/tāu tamaiti ki tētahi atu i pāngia e te mate hopuhopu i ngā wiki e whā ka taha ake nei?**🞎 Kao🞎 Ae – Whakamārama ……………………………………………….….….…………………………………**10 He parongo anō me mārama ngā kaimahi e noho haumaru ai koe/tāu tamaiti? (Hei tauira, ngā tikanga ahurea; hauatanga; mataku i te ikeikenga/pouri/wāhi pāpaku; hapū; ngā raru o te hinengaro; ngā kare ā-roto)**🞎 Kao🞎 Ae – Whakamārama ……………………………………………….….…………………………………… |

 **Ki te puta ētahi panoni i te tau nei, tēnā, whakahoungia te pārongo hauora ki te tari o te kura.**